

september 9-13

canal-side cafe hours
monday-friday 8am-6pm
friday 8am-1:30pm



coffee
espresso drinks
smoothies



daily wraps
daily panini
daily flatbread pizzas
vegetarian soup de jour

ON THE GO

premade salads
bento boxes
hummus and dip
yogurt parfaits
snacks



questions?
contact courtney gulick
518-381-1354

daily breakfast specials

HOT COMBO SPECIAL:

croissant, avocado, egg & cheese and a 16oz COFFEE \$6.50

BETTER FOR YOU COMBO SPECIAL:

fresh made small green smoothie with an aquafina \$4.95

GRAB & GO COMBO SPECIAL:

house baked cinnamon roll with a 16oz COFFEE \$4.10

weekly flatbread special

roasted autumn vegetable flatbread pizza, baked to order and
served with 16oz coffee
\$5.00

monday

soup: tomato bisque \$2.55/\$3.55
butcher + baker: toasted asian veggie or chicken wrap with avocado & peanut sauce \$7.00

tuesday

soup: chef's choice \$2.55/\$3.55
butcher + baker: toasted asian veggie or chicken wrap with avocado & peanut sauce \$7.00

wednesday

soup: broccoli & cheddar soup \$2.55/\$3.55
butcher + baker: mediterranean chickpea salad pita with feta \$7.00

thursday

soup: vegetarian sweet potato chili \$3.00/\$4.00
butcher + baker: mediterranean chickpea salad pita with feta \$7.00

friday

soup: clam chowder \$3.00/\$4.00